



Client Profile

Name:	Date Prepared:
Daytime Phone:	Evening Phone:
Address:	Fax:
City/State:	E-Mail:
Zip Code:	
Mo./Yr of Birth:	Business Title:
	Referred by:

Briefly answer each question so that we are aligned, we will discuss more in our first session:

Describe the key responsibilities of your current role and any past roles that you think may be helpful for me to know about:

What do you enjoy the most about your current role?

What do you find most challenging or difficult about your current role?

Describe a time when you felt like you were “in the zone” or on top of your game:

What goals would you like to focus on?
Consider short term (3-6 months) and/or longer term (1 – 5 years) goals and indicate if you are not sure of your goals and want to use our time for more clarity:

What will it look/feel/sound like if you are successful?

Motivation/Accountability: What motivates or inspires you to improve or make changes? How do you hold yourself accountable?

Challenges or barriers: What is currently limiting you in reaching your goals?

Please consider any other information about you that may be helpful for me as your coach: